



## State of Maryland

### Advisory Council on Mental Hygiene/Planning Council

Martin O'Malley, Governor – Anthony G. Brown, Lt. Governor – Joshua M. Sharfstein, M.D., Secretary, DHMH

## MARYLAND ADVISORY COUNCIL ON MENTAL HYGIENE/ PL 102-321 PLANNING COUNCIL

### Minutes

January 15, 2013

**Maryland Advisory Council Members:** Gerald Beemer, M. Sue Diehl, Vice Chair; Joshana Goga, Dennis McDowell, Joanne Meekins, Robert M. Pender, Anita Solomon, John Turner

**Maryland Advisory Council Members Absent:** Richard Blair, Jaimi L. Brown, Sarah Burns, Chair, Mike Finkle, Michele Forzley, Livia Pazourek, Edwin C. Oliver, Charles Reifsnider, John Scharf, Sherrie Wilcox

Individuals highlighted as such are resigned members who have not yet been replaced.

**PL 102-321 Council Members Present:** Carol Allenza, Coordinator; T.E. Arthur, Coordinator; Kim Bennardi, Naomi Booker, Eugenia W. Conolly, Herb Cromwell, Kate Farinholt, R. Terence Farrell, Duane Felix, Alice Harris, Victor Henderson, Adrienne J. Hollimon, Polly Huston for Catherine Drake, Julie Jerscheid, George Lipman, Dan Martin, Cynthia Petion, Sarah Rhine, Kathleen Ward, Phoenix Woody

**PL 102-321 Council Members Absent:** Lynn Albizo, Tracee Bryant, Chicquita Crawford, Vira Froehlinger, A. Scott Gibson, Gerri Gray, Diane Herr, Michael Ito, Michael Lang, Sharon Lipford, Jacqueline Powell, Linda Raines, Sheryl Sparer, Jane Walker,

**MHA Staff Present:** Brian Hepburn, Robin Poponne, Iris Reeves, Carole Frank

### **Guests and Others:**

Marc Reiner, ValueOptions@Maryland; Jacqueline Pettis, ValueOptions@Maryland; Karl Steinkraus, ValueOptions@Maryland; Deana Krizan, Consumer Quality Team of Maryland; Lisa Hadley, Mental Hygiene Administration/Alcohol and Drug Abuse Administration; Tim Santoni, University of Maryland-Systems Evaluation Center; Michelle Stewart, Maryland Division of Rehabilitation Services

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c/o Mental Hygiene Administration

Spring Grove Hospital Center – 55 Wade Avenue – Dix Building – Catonsville MD 21228 – (410) 402-8473

TDD for Disabled – Maryland Relay Service (800) 735-2258

**Healthy People in Healthy Communities**

### **INTRODUCTIONS/ADOPTION OF MINUTES:**

The meeting was called to order by Council Vice Chair, Sue Diehl. Attendees introduced themselves. The draft minutes of the December 18, 2012 meeting were approved with correction. On page two, under the announcement section, Barbara Frances should be written as Barbara Francis. The corrected minutes will be posted on the Mental Hygiene Administration's (MHA) Web site [www.dhmh.maryland.gov/mha](http://www.dhmh.maryland.gov/mha). The Maryland Advisory Council on Mental Hygiene's link is listed under "Resources".

### **ANNOUNCEMENTS:**

Joanne Meekins, Director of the Consumer Quality Team, announced that the Mental Health Association of Maryland (MHAMD) has moved to Lutherville. Current email addresses and phone numbers will continue to connect temporarily. The new address is:

1301 York Road Suite 505  
Lutherville, MD 21093

Also, MHAMD's annual Legislative Briefing will take place on February 21, 2013 at the Westin Annapolis Hotel. For more information, contact MHAMD at [www.mhamd.org](http://www.mhamd.org)

### **THE DIRECTOR'S REPORT:**

MHA's Executive Director, Brian Hepburn, M.D., provided the following Director's Report:

Dr. Hepburn introduced Lisa Hadley who has been appointed to the position of Clinical Director for the Mental Hygiene (MHA) and the Alcohol and Drug Abuse (ADAA) Administrations. She has a broad background as a lawyer, and as a psychiatrist, with years of experience in the fields of mental health, public mental health, and substance use. She will play a significant role as the behavioral health integration process moves forward.

MHA's legislative hearings for the FY 2014 budget will take place at the House on February 6<sup>th</sup> and in the Senate on February 7<sup>th</sup>. MHA's actual expenditures are within its appropriation. Inpatient expenditures have decreased. Between 2007 and 2012, there has been a 50% growth in the numbers served partly due to Medicaid expansion and the Primary Adult Care (PAC) enrollment. Penetration rates (% of population using mental health services) have remained steady about 17% for adults and 9.5% for children and adolescents.

With the implementation of Health Care reform and further Medicaid expansion, a dramatic increase in numbers served is expected in 2014. An increase of approximately 17,000 is estimated. It is possible that individuals entering the system may have milder diagnoses and may be younger than the current average. MHA continues to look into the challenges of increasing the workforce to appropriately serve this increased amount of individuals.

In response to the mass shooting at Sandy Hook Elementary School in Connecticut, Governor O'Malley is calling for a "common sense" approach to issues of gun control and mental health. He has previously spoken in support for crisis response and other early intervention methods. He will be looking into Maryland resources and will give more details in the near future. Proposals to expand Mental Health First Aid, a 12-hour course that teaches people how to give aid to individuals experiencing a mental health crisis situation, have been submitted to the legislature.

An inquiry was made concerning results of the Cannon Design study. Cannon was the vendor selected to conduct an independent study to assess the future demand, hospital capacity and best practices for State-owned psychiatric hospitals. Representatives gave a presentation to the Joint Council in May 2012. As a result, Cannon received further input from the judiciary perspective and solicited feedback from Council members before submitting final Recommendations in July 2012. Stated, among other recommendations, was the need to increase hospital beds in Maryland. DHMH and MHA in particular remain committed to expansion of available services and affordable housing options in the community. It is believed that increased community resources, psychiatric services, and standardized use of diversion and crisis services will override the need to increase hospital beds. The Cannon Design Final Report will be made available to Joint Council members.

**MARYLAND'S RACE TO THE TOP IMPLEMENTATION** – Valerie Smirlock, Division of Early Childhood Development, Maryland State Department of Education

The Race to the Top Early Learning Challenge grant will enable Maryland to create a seamless Birth to Grade 12 reform agenda to ensure that all young children and their families are supported in the state's efforts to overcome school readiness gaps and to move early childhood education in Maryland from a good system to an even better system. The Maryland State Department of Education (MSDE) is the fiscal agent for the grant and its Division of Early Childhood Development takes the lead in implementing the funds. Participating state agencies, including the Maryland Department of Health and Mental Hygiene, the Maryland Department of Human Resources, and the Governor's Office for Children, collaborate with MSDE in support of the State Plan.

Ten innovative projects address the scope of Maryland's Race to the Top Early Learning Challenge State Plan:

- Project one establishes 24 Early Childhood Advisory Councils across the state
- Project two establishes a tiered quality rating and improvement system (called Maryland Excels) and supports all public, private, and community early learning and development programs to participate
- Project three establishes an early childhood breakthrough center; collaborates with Judy Centers, Title I schools and other local sources to develop resources/services hubs in underserved communities in Prince George's County and Baltimore City. Provides coaching, mentoring, and quality capacity building for programs participating in Maryland Excels

- Project four revises the state's existing early learning standards to align with common core standards and develops a Guide to Early Childhood Pedagogy; expands science, math, and language programs
- Project five will work to conduct workforce development to promote the use of early learning standards
- Project six\* will increase the number of comprehensive assessments administered across the state
- Project seven\* will address the health and behavioral needs of children through increased access to consultation for pediatricians, sets up two pilot sites on the Eastern Shore and in Western Maryland to connect Pediatricians to community resources. A hotline for pediatricians will be set up for resources, referrals, and follow-up. Also, all licensed child care facility staff will receive training in administering screenings; CSEFEL( a framework of practices for children ages 0-5 years will be a resource for the training and a Web-based data collection analysis system will be developed
- Project eight will focus on family engagement, leadership development, modeled activities; create family advisory councils in local libraries, expand Reach Out and Read, and Parent-Child Learning Parties
- Project nine will establish model programming in schools to promote child care credentialing, alternative preparation programs for educators, and conduct early learning leadership academies for educators
- Project ten will implement a longitudinal data system which will collect information from providers monthly such as attendance and enrollment

\*These projects involve mental health and behavioral health components

Family engagement with the parents as “driver” is key throughout all stages of this program. Alice Harris added that this program will be integrated as part of the Birth to 21 initiatives and has the support of Lillian M. Lowry, Ph.D., Maryland State Superintendent of Schools.

For additional information on the 2012 – 2015 Race to the Top Early Learning Challenge Grant, visit the MSDE website at:

[http://www.marylandpublicschools.org/MSDE/divisions/child\\_care/challenge](http://www.marylandpublicschools.org/MSDE/divisions/child_care/challenge)

**COUNCIL BUSINESS:**

It was announced that the Council has two members who may be available to give testimony at the Hearings on MHA's budget in Annapolis in February. We hope to schedule testimony for both the Senate and the House. You may contact Robin Poponne at [robin.poponne@maryland.gov](mailto:robin.poponne@maryland.gov) or at 410-402-8473.

Cynthia Petion updated the Council that the Behavioral Health Council Workgroup will meet again in February. Also, SAMHSA's Center for Mental Health Services plans to fund eight Planning Councils to join a National Learning Community. The goal is to help Planning councils transition to a Behavioral Health Planning Council through intensive technical assistance (TA). This may consist of sharing coaching, training and networking efforts to councils in other states. The application is due by February 7, 2013 and is a joint effort with the State Drug and Alcohol Abuse Council as well. This is an ideal opportunity for Maryland's two Councils (Mental Health and Substance Use) to receive TA in this area, particularly since we have convened a Workgroup to help shape the creation and development of Behavioral Health Council.

The process to form recommendations toward a Behavioral Health Council is ongoing as Workgroup members explore potential structure, membership, and role issues for a combined ADAA and MHA Behavioral Health Council. Sarah Burns, Sue Diehl, and T.E. Arthur represent the Joint Council on this Workgroup. Please continue to give them input and share ideas with them toward this process.

The Executive Committee will not meet today.

The meeting was adjourned.

**Please note, the Agenda for the March 19<sup>th</sup> Council meeting will be posted on the Advisory's Council's web page, under the resources section, on MHA's Web site [www.dhmf.maryland.gov/mha](http://www.dhmf.maryland.gov/mha).**